



Playing with Life's Possibilities

www.TheAmusedMuse.com

Accommodations & Meals Las Vegas, NV

Hotels in order of proximity to our
Experience:

[La Quinta Inn & Suites Las Vegas Summerlin Tech](#)

7101 Cascade Valley Ct
Las Vegas, NV 89128
702.360.1200

[Hampton Inn Las Vegas/Summerlin](#)

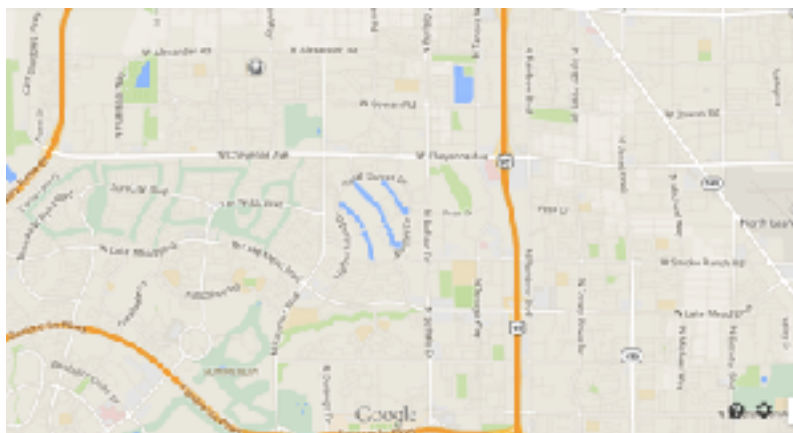
7101 Cascade Valley Ct
Las Vegas, NV 89128
702.360.1200
702.360.5700

[Courtyard Las Vegas Summerlin](#)

1901 N Rainbow Blvd
Las Vegas, NV 89108
702. 646.4400

[Fiesta Rancho Hotel & Casino](#)

2400 N Rancho Dr
Las Vegas, NV 89130



Meal Plan Where Available

Coffee, Tea, Ice Tea and Water with light snacks and fruit available throughout. As this experience moves to different cities, you will be informed of the plan for each Experience.

Healthy Vegetarian Meals are best for lighter fare during our experience as laughter in release can be cathartic. As we begin our mornings before breakfast and move through the lunch hour, it is often more convenient to provide meals as a group, though any are certainly welcome to bring their own meals



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Meal Options Las Vegas, NV

Our Experience will always provide coffee, tea, water and assorted light snacks and fruits throughout the day. Chocolate is a natural food group all its own and a part of our happy and healthy experience.

As mornings in our trainings and Soul Joy Human Expansion course tend to begin at 7am and break around 8:30am, we offer a variety of breakfast items for participants that are hearty, healthy and vegetarian for lighter fare that is helpful during the Experience. Where hotels provide breakfast options, feel free to bring items in for our break at 8:30am.

Where we are away from food sources on retreat sites or remote areas, food is prepared in healthy and hearty light vegetarian fare to provide sustenance during the experience. Where local restaurants or food options are plentiful, simple and quick break times for lunch are a nice break of location. Any who wish to provide their own meals or have a specified diet are encourage to take care of their needs and bring whatever may be necessary. Keep in mind the lighter and healthier ideas for optimal experience results.

Meal plans provide: four breakfasts and five lunches.
\$100pp. *Billed separately*

Breakfasts: Juice, eggs, assorted fruits, assorted dry cereals, oatmeal, breads (sometimes gluten free) pancakes, yogurts, nuts/ seeds

Lunches: Green and Vegetable Salads, baked vegetable dishes, quinoa, lentils, spreads, rice cakes, coconut soups, light pasta, cheese/eggs, nut butters, nuts, tofu options, veggie burgers, wraps and slaws.

Chocolate, frozen fruit pops, smoothies always available at breaks